

From Our Pastor



Grace to you from God our Father and from our Lord Jesus Christ.

Spiritual direction, not that's a scary term! First, the word spiritual makes us nervous because although we use it or hear it used, most of us don't really know what the word means. Even more disturbing is the word direction which seems to imply being told what to do. So first, a couple of definitions seem in order.

In this instance, the word spiritual refers primarily to the Holy Spirit and then, secondarily to us. When applied to us, it refers not one aspect of our life disconnected from the body, but to our whole selves as recipients of the Holy Spirit and its gifts. Spiritual then, refers to all the many ways God is at work in every aspect of our human experience.

Direction refers primarily to the promptings of the Holy Spirit in our lives, the options God presents to us every day if we pay attention. Direction in this sense is more like a map or a GPS offering options on how we might get to where it is that we want to go. It has nothing in common with being told what to do.

Spiritual direction might sound a little "new age" but it is actually a very ancient practice in the church. It is based on the premise that God is at work in everyone's life but that we are often too preoccupied with other things to see that clearly. Typically, spiritual direction takes the form of a one-on-one meeting with a person trained in the art of listening. During this meeting time, the person receiving spiritual direction is invited to talk about the ways God has been at work in their life since the last meeting. The spiritual director



Dare to Care Food Pantry Wins Grant!!

The First Lutheran Dare to Care Food Pantry has been awarded a grant by the ELCA Domestic Hunger Grants Committee. The grant was applied for in July of 2015, and the award was announced on February 12, 2016.

The grant will provide \$1,500.00 each year for the next two years. The money will be used to purchase fresh eggs to distribute to the Food Pantry's regular clients. The grant money will be supplemented by money given to the Food Pantry by the Social Ministry Committee as part of its Local Benevolence program, and by other donations made to the Food Pantry.

Food Pantries are supplied with staple frozen and shelf stable foods along with fresh produce to distribute. One commodity which is not supplied is fresh eggs. Fresh eggs provide versatile nutrition which can be used in many different forms. The eggs will make an important addition to the food provided to clients.

While the exact details of the distribution process have yet to worked out, ours will be one of the only, if not the only Food Pantry in the area to distribute fresh eggs.

All of us who work at the Food Pantry are looking forward to implementing this new way of serving our clients.

Jim Lillie, Site Supervisor

listens and asks questions that help the directee notice what has been happening and to make connections in terms of real life situations. It is not counseling or therapy. Those have their place and a spiritual director may even recommend them, but directions are something very different.

It is sometimes helpful to do spiritual direction in a small group. This is particularly true when you have a group of people who are new to the practice. The group is led by an experienced director but the group members also assist each other. The group model takes the pressure off the individual to have something to say.

As part of our on-going discernment here at First Lutheran, I would like to offer some opportunities for group spiritual direction. After Easter, I be offering up some options in terms of time. Because of where we are as a community, i feel this a part of my ministry as pastor for which I am already compensated.

I am also available for the individual spiritual direction. That ministry is beyond my normal pastoral ministry and so requires payment. Generally, that payment should be proportional to what you might pay for a massage or other care for your body. No one will be turned away because on an inability to pay.

During the remainder of Lent, please take some time to consider if this might be something you wish to take advantage of as part of what it means to be church at First Lutheran. Feel free to ask any questions you might have.

Pax,

P Austin

From the Council President:



Hi Members,

It is the start of the new year with the Church Council officer's being as follows:
President - Doug Hallman; Vice-President- Paul Nellis' Secretary - Sharon Lillie;
Treasurer- Vicky Frank. Installation of Church Council Officer's will be March 6th.

We did have 3 baptisms on February 28th. Please welcome our newest members:
Noreen Grace France (Parents-Michele and Adrian France) - Joseph Evan Peavey
(Parents-Gene and Kim Peavey) and Kendall Josephs (Parents-Gene and Kim
Peavey). The proud Grandparents are Vicky Frank for Noreen France and Kristy and
Glenn Peavey for Evan Peavey and Kendall Josephs.

We are still trying to spruce up and organize some of the church's rooms that are
not always used or occupied. Our next day probably for cleaning/sprucing up will
be March 17th or 18th. Please let me know which day is better for anyone that
would like to help.

We will again be assisting with the Meal for the Churchill Downs Backside on
October 10th. Mark your calendars for that evening to assist with the meal.

I will end with this message:

Give me eyes to see and know you, Jesus, that I may live the love you are this and
every day. AMEN.

Vicky Frank
Church Council President
January and February 2016



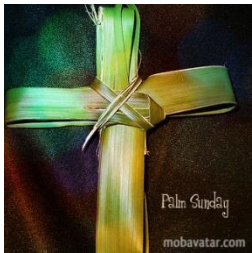
- * *To those who help make Breakfast on Sunday Mornings*
- * *To those who pray for people on the prayer list*
- * *To our members who serve on the Council and other committees*
 - * *To those who donate their time and service*
 - * *To those who help with Dare to Care*



We have a new Secretary/Bookkeeper! Her name is Caroll Russell and she is a member of St. Paul Lutheran Church in Shively. She is also their organist! Caroll is retired from Government work (She worked over 20 years at Ft. Knox). She is also the President of the Shively Woman's Club in Shively.

One of her greatest joys are her three daughters and 6 grandchildren. She lives in Shively with her sister, Alice, and they are known as the 'Sassy Sisters!'

"I've only been here a short while, but everyone has been very friendly and helpful. I think I'm going to like it here!"
Caroll's tentative schedule is to work Mon , - Tues, Thur & Fri from 9:00 am - 2:00 pm. Welcome Caroll!



Making Palm crosses for Palm Sunday. Join us on Saturday, March 19th, at 11:00 am to make the Palm Crosses for Palm Sunday. It's great fun and fellowship. Every year we have to remind ourselves how we made them before!

JUST ONE

One song can spark a moment.

One flower can wake the dream.

One tree can start a forest.

One bird can herald spring.

One smile begins a friendship;

One handclasp lifts a soul.

One star can guide a ship at sea.

One word can frame the goal.

One vote can change a nation.

One sunbeam lights a room;

One candle wipe out darkness.

One laugh will conquer gloom.

One step must start each journey.

One word must start each prayer.

One hope will raise our spirits'

One touch can show you care.

One voice can speak with wisdom;

One heart can know what's true.

One life can make a difference...

That difference starts with you.

by BJ Gallagher and Steve Ruttenberg
from the book : **The Power of One:**

Presented by Vicky Frank



March2016

3 Karen Feldmanis
6 Earl Claypool
6 James Blincoe
6 Thelma West
10 Bethany Lillie
14 Adrian France
17 Virginia Kelley
26 Virginia Yocum
29 Roberta Peavey
Evert Vaughn



I extend to you
my deepest sympathy.

Peace

We were saddened to learn about the death of Doris Tarpley. She passed to her eternal rest on January 21st. We were also saddened to learn of the death of John Huchingson, who passed away on January 18. Pastor Austin conducted his service.

May God envelope their family and friends in his loving arms and give them comfort.



Please join us for services during Holy Week. We will have services for Maundy Thursday and Good Friday at 7:00 pm



Please plan to join us on Easter Sunday. We will have Breakfast at 9:00 am and then have an Easter Egg Hunt for the kids! Bring all children - kids, grandkids, nieces, nephews, and friends. It's so much fun to watch the little ones hunt for eggs!