



- 4 Karen Miller
- 5 Geme Peavey
- 9 Marie Lee Frank
- 10 Cheryl Huchingson

- 16 Jim Lillie
- 23 Alex Feldmanis
- 24 Elly Dwellen,  
Debbie Blackford
- 29 Abigail Bledsoe,  
Mary Lou Vaughn
- 30 Ron Caron



- 15 Doug & Janet Gill
- 24 Doug & Sally Hallman
- 27 Bob & Karen Wartschlager

## A From David

Cancel Choir rehearsals will soon start for the fall season. We'd love to have you join our First Lutheran choir family! Look for more details coming soon. In the meantime, consider these reasons to join the church choir!

### Reasons to Join the Church Choir

(compiled from various anecdotal sources)

- ε The offering plate is never passed to the choir.
- ε Being at rehearsal every Wednesday evening definitely beats watching sitcom reruns on TV.
- ε Rehearsals are weekly which means that, for those few hours, you will significantly reduce your risk of contracting tendonitis from non-stop operation of a television remote or computer mouse.
- ε It's exactly like singing in the shower, except you're wearing a robe and people are actually listening.
- ε Sitting with a group in the chancel every Sunday morning is excellent practice in case you're ever called for jury duty.
- ε No matter how packed church is on Easter or Christmas, you'll be assured of having a great seat in the Sanctuary.
- ε Because there's a clock in the back of the Sanctuary, you'll be the first to know when it's 11:30 each Sunday.
- ε Your favorite movie of all time? *Sister Act*
- ε Because you wear a choir robe every Sunday, you are liberated from the challenging task of finding clothes that match properly. You don't have to dress up – the robe hides a lot.
- ε From your special vantage point every Sunday, in which you view the entire congregation from the choir seats, you will develop interesting new hobbies. Among these is a little guessing game called "Who's Praying, Who's Sleeping."
- ε On the other hand, sitting prominently in full view of the congregation on a weekly basis makes it much less likely that you will give in to a chronic lack of sleep although it has been known to happen!
- ε If you think your singing in the shower sounds good now, just wait till you've been singing with us for a few weeks.
- ε Singing in a choir is one of the few activities for men that does not require complex electronics or expensive power tools. This could be good for the household budget.
- ε For the fitness buffs, singing in the choir is not only "heart healthy," but it's "soul healthy" as well. There are no monthly membership fees, and it's a lot easier on the knees than jogging.
- ε If you think you've "done everything there is to do," and there are no great challenges in life, try singing with us and STAYING ON PITCH.
- ε When people ask whether or not you've been behaving yourself, you can say with the utmost sincerity, "Hey! I'm a Choir Member!" - **David**



## **Schedule for Sunday School**

**Sunday School will begin at 9:30 - 10:15 am**

**Sept 8, 22; Oct 6,20; Nov 3,17; Dec 1,15**



**Remember our Shut -Ins**

**Virginia Kelley Bill Erdman**

**Bill & Wanda Schaffrick**

**Dennis & Christel Spetz**



**FLC's Annual Potluck Picnic will be held on Sunday, September 8 at Nancy Brian's House! We'll**

**gather around 2:00 pm and start eating all the goodies at 3:00 pm. Bring your favorite dish and**

**join us!**

**Directions to Nancy's House, 3210 MidDale Lane** From the Watterson Expressway take Exit 17A (Taylorsville Road South). Turn right at the first traffic signal onto Furman Boulevard. Go approximately 8 miles and turn right on Hikes Lane. Immediately get into the left turning lane. Go approximately 469 feet and turn left on Klondike Lane. Go approximately .2 miles and turn left on Mid Dale Lane. Go about .4 miles and the house will be on your right. Watch out for those speed bumps! If you get lost, call Nancy at 552-0348.





Dear Friends

Grace and peace from God our Father and our Lord Jesus Christ.

In July and August, many of us took some vacation time. Vacation looks different depending on our circumstances; family situation, working or retired, and finances. But all vacations share a common thread. A vacation is time away from whatever our “normal” situation looks like and an opportunity for rest and refreshment. It is, hopefully, a time of rejuvenation for body and mind.

But what about spirit? We, and with some embarrassment, I include myself, tend to neglect our spiritual lives. By spiritual life, I mean our personal relationship with the divine. Even Jesus, in whom as we hear in scripture, the fullness of divinity dwelt, needed time away from his routine for spiritual renewal. The gospels recount several instances of Jesus going away alone, or with a few of the disciples, to a quiet place. How much more then, do we need to take some time to nurture our spiritual lives. A week is ideal, a weekend is great, a day is wonderful, even ten minutes, if it’s all we can manage, can be enough and more than enough. In church language, this time with God is called a retreat.

In my life as a monk and priest, church law required at least a week of retreat every year. Lutherans, not being fans of rules, have no such requirement. Without it, it has been all too easy for me to allow this aspect of my life slide. It’s no surprise then that many of you find it difficult to find time to be alone with God or even that some of us have never even considered the possibility of spending some time on retreat. (There are also some of you who no doubt put me to shame in this regard!)

We are extremely fortunate in this area to have a large number of places nearby where we can go for an hour or for a week or more. It might be a local park or nearby wilderness. Another option is one of the many retreat centers in the area, most operated by Roman Catholic religious orders. Most of these, if not all, are very ecumenical in spirit and warmly welcome retreatants of all (or no) religious background.

I am most familiar, of course, with the two Benedictine monasteries in southern Indiana, Saint Meinrad (monks) and Immaculate Conception (sisters) in nearby Ferdinand. I have also spent time at Nazareth and Gethsemane here in Kentucky (the Kentucky Holy Land). These are just a few of the options. All offer simple but comfortable accommodations, meals, and opportunities to join the resident community in prayer for a reasonable cost or a donation of whatever you

can afford. Many also offer structured group retreats, guided individual retreats, as well as the opportunity to simply do your own thing.

If you have not ever considered making a retreat, maybe now is a good time to think about it. If you've thought about it, maybe this fall is the perfect time to actually do it. If you would like to make a retreat but are nervous about doing it alone, perhaps a group could go together. I would be thrilled to speak with any one about this and help you arrange something. You might encourage me to do the same for myself!

Pax

P. Austin



September 8      Sunday School    9:30 - 10:15 am

September 8      Church Potluck Picnic (At Nancy's) 2:00 pm